1. Login to Naviance from the Portal



## 2. See your Home Screen in Naviance.

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Home Self-Discovery Careers Colleges	
mo Edwards!	
Search for Colleges Yupe a college name	
Welcome 6th Grade Students! Go	My Favorites
Welcome to Naviance! We are so excited to see you here!	COLLEGES
about salaries, skill qualifications, and college options! Also, when you begin to apply to colleges and scholarships, you will use Naviance to track your progress and keep you organized!	COLLEGES I'm applying to
So what are you waiting for? Let's get going!	CAREERS AND CLUSTERS
Read more	SCHOLARSHIPS & MONEY
	ravorice schotarships

## 3. Click on Self-Discovery



There are two different activities for 6<sup>th</sup> grade.

## 4. Do Career Key assessment FIRST.



5. Click on START ASSESSMENT. Take your time! You want accurate matches.



- 1. Look at your Holland traits scores.
- Explore the careers that match the traits with the highest scores.
- Mark at least THREE
  Favorite careers. (The careers you like best.)

If you can't find a career that you like, go back to the blue navigation bar at the top and click Careers, then search for that career.

Now, let's do the second activity, AchieveWorks Learning and Productivity Activity

1. Go back to the blue Navigation bar and clock on Self-Discovery. Click on AchieveWorks Learning and Productivity. Start the assessment.



AchieveWorks Learning and Productivity® helps you learn your sensory and mindset preferences to help you develop study practices.

2. Look at your Results.



# Summary

### Your Learning and Productivity Preferences

#### Sensory Preferences

You learn with four senses. You may like to learn with only one or two, but research has shown that you benefit most when learning through multiple sensory modes. So it will help to use more than just your preferred senses.



#### **Environmental Preferences**

These are simple preferences that don't require further development. For these, simply adjust your learning environment, when reasonable, to suit your strongest preferences.



Think about how you are learning as a GOC student.

Does this type of learning match your preferences?

## **Mindset Preferences**

These preferences indicate your attitude toward learning and working, and how you function best. Mindset includes motivation, focus, how you complete tasks and how you work with others. For some of these preferences, developing your mindset toward one side of the scale is beneficial. For others, developing both sides of the scale is more helpful.



## **Sensory Preferences**

### SKIP TO SUBSECTION:



Kinesthetic Learning





You learn with four senses. You may like to learn with only one or two, but research has shown that you benefit most when learning through multiple sensory modes. So it will help to use more than just your preferred senses.

To get started, try learning new and difficult topics by using the modes for which you have a higher preference. As you become more comfortable with a topic, begin to use your lesspreferred preferences as well. Over time, you will adjust to using **all** of the sensory modes and your learning will become easier and more effective.

For example, if you prefer visual learning, you can start learning a topic through reading, pictures and diagrams. As you become more familiar with the topic, discuss it (auditory) and get involved in activities related to it (tactile and kinesthetic).

Click each preference to figure out how you learn best.